

FRESHLY SQUEEZED JUICES

FRESH SQUEEZED JUICE | Choice of orange, grapefruit or apple 7

CITRUS DAYBREAKER | Grapefruit, orange, lemon, pineapple and apple 8

CARROT AND GINGER | Carrot, lemon, orange and ginger 8

MORNING CLEANSE | Kale, cucumber, celery, green apple and lemon 8

FRESH PRESSED SHOOTERS

GINGER SHOOTER | Ginger, lemon and a dash of agave in a shot glass 4

GREEN APPLE SHOOTER | Green apple, kale and lemon in a shot glass 4

HOUSE-MADE SMOOTHIES

Add protein powder to any smoothie for \$2

BLUEBERRY BANANA | Blueberries, bananas, Greek yogurt, agave nectar and milk 8

ANTIOXIDANT | Blueberries, strawberries, blackberries, raspberries, Greek yogurt, agave and milk 8

GREEN DELIGHT | Mangos, bananas, pineapples, spinach and orange juice 8

BIG BLUE | Blueberries, mangos, chia seeds, lemon, agave and orange juice 8

SPECIALTY COFFEE

Add any flavor for \$1 | Almond, caramel, vanilla or peppermint

ESPRESSO | Single shot or a double 5 | 6

CAPPUCCINO | Double shot of espresso with equal parts steamed milk and foam 6


CAFÉ LATTE | Double shot of espresso with steamed milk and topped with foam 6


CAFÉ MOCHA | Double shot of espresso with steamed milk, chocolate and topped with whipped cream 6

MACCHIATO | Double shot of espresso with a dollop of milk 6

HEALTHY DELIGHTS

ORGANIC STEEL-CUT OATS |  VEGAN | Dried cranberries and brown sugar 11

ELEVATED OATMEAL |  Steel-cut oatmeal topped with sliced bananas, seasonal berries, house-made granola, coconut flakes and Colorado bee pollen served with your choice of any one of our house-made smoothies 16

RED, WHITE AND BLUE PARFAIT |  House-made granola, Greek yogurt, strawberries, blueberries, bee pollen, coconut flakes, agave nectar and a croissant 13

LOX AND BAGEL | Atlantic cold smoked salmon, toasted bagel, hard-boiled egg, capers, pickled onions, cucumbers, tomatoes and cream cheese 22

SWEET BITES

Served with your choice of breakfast meat

BELGIAN WAFFLE | Powdered sugar and seasonal berries 15

CLASSIC FRENCH TOAST | Locally sourced brioche dipped in a delicate egg batter of clove, cinnamon and ginger topped with Eggnog whipped cream & powdered sugar 15

BUTTERMILK PANCAKES | Three pancakes topped with powdered sugar 15

BLUEBERRY OR CHOCOLATE CHIP PANCAKES | Three pancakes either blueberry or chocolate chip topped with powdered sugar 17

|  Gluten Sensitive |  Vegetarian | VEGAN | Vegan

Parties of six or more are subject to a 20% gratuity


Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



 *The Lodge at Vail, A RockResort is proud to feature Colorado organic brown eggs and local products when possible*


THE MENU IS SUBJECT TO CHANGE SEASONALLY

SAVORY

Make any dish with egg whites for only \$1
Served with choice of Yukon skillet potatoes or fresh fruit

AVOCADO TOAST AND GRAIN || Paysan toast, mashed avocado, two fried eggs, garlic oil and cracked black pepper with a farro-quinoa bowl 18

MEDITERRANEAN FRITTATA || Egg whites, spinach, heirloom tomatoes and Kalamata olives topped with arugula, heirloom tomatoes and feta cheese 18

OMELET OR SCRAMBLE || Three eggs with your choice of two fillings: peppers, mushrooms, onions, tomatoes, spinach, olives, cheddar cheese, Swiss cheese, pepper jack cheese, feta cheese, bacon, chorizo or ham 18


CUCINA CONNECTION | Two eggs any style with skillet potatoes, choice of smokehouse bacon, chicken sausage or sausage patty with toast 18

BACK BOWLS BURRITO | Scrambled eggs, grilled chorizo, Yukon skillet potatoes, onions, tomatoes, jalapenos, cotija cheese and smothered in Colorado pork green chili 18

MOUNTAIN BREAKFAST SANDO | Two fried eggs, bacon, avocado and Colorado goat cheese on a Brioche bun 18

MOUNTAIN TOP BISCUITS AND GRAVY | Hot buttermilk biscuits topped with a chorizo sausage gravy served with two fried eggs & roasted tomato 18

CLASSIC BENEDICT | Poached eggs, Canadian bacon and traditional hollandaise served on an English muffin with roasted tomato & asparagus 18

KETO EGGS BENEDICT || Poached eggs, grilled avocado, traditional hollandaise, side of smoke salmon roses with roasted tomato & asparagus 18

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