



## **MASTERCAMPS PROGRAM INFORMATION 2009 – 10**

### **Cost:**

- **\$2300** for one 15-day Camps (does not include lift tickets or meals)  
\*Price includes a 1-day Orientation for skiers new to Focused Learning programs,
- **10% discount** if registered by November 30, 2009

\*A special *ORIENTATION DAY* on the Saturday before your Sunday skiing start at which you meet other new participants and program organizers and become acquainted with the FL system. Become familiar with FL terminology and philosophy to enable you to comfortably begin your MasterCamps journey.

### **Features:**

- Group size: Maximum of 7. Average class size is 5.
- Proprietary FL audio/video training tools: *Demo Turns* DVD, *Student Guide* manual
- On-going equipment assessment by coaches with follow-up recommendations for boot performance adjustments with nationally renowned boot fitters.
- Systematic, individualized feedback, multi video opportunities, personal video review.
- Ski demos are available at a discounted rate during the 3 weeks.
- If you need to rent skis, a link to VAIL SPORTS is provided for a discounted and convenient rental arrangement on performance demo skis. Use the Vail Sports logo on the Focused Learning web page.

**Program Dates:** (Sun. – Fri. with Wed. off)

### **Camp 1:**

Week 1: December 6\*-11, 2009  
Week 2: January 10-15, 2010  
Week 3: February 7-12, 2010

### **Camp 2:**

Week 1: December 13\*-18, 2009  
Week 2: January 24-29, 2010  
Week 3: February 21-26, 2010

Manor Vail Lodge at Golden Peak, one of Vail's extraordinary hotels, is offering discounted lodging rates to MasterCamps participants. This rate is on a space-available basis, only. Call Manor Vail reservations @ 800-950-8245 and reference *Focused Learning* to secure a rate.

### **Daily Routine:**

- Ski days: Sunday through Friday, Wednesday off.
- Meet at the Vista Bahn at Vail Mountain Plaza at 8:50am; on lift at 9:00am
- Morning Indoor Training (on-mountain facility) 9:15 - 9:45 am.
- On-snow Training, including video throughout the rest of the day with 2 on-mountain nutrition/hydration breaks.

- Afternoon Indoor Training, including video review.
- Ski off the mountain to end the day at 3:30pm.
- This format will be adjusted at times based on weather and conditions and special learning situations.

#### **How do I sign up?**

1. Return your completed **Skier Profile Form** and **Registration/Billing Information Form**. (See [www.focusedlearningvail.com](http://www.focusedlearningvail.com) page.)
2. After we receive your completed forms we will reserve a place for you and contact you to confirm group availability.
3. A \$300.00 deposit will then be charged to your account.
4. Selected program materials will be sent 2 weeks before your program week to enable you to get started on the learning process.
5. Cancellation policy: If you must cancel your registration, a \$100.00 administrative fee will be charged.  
Less than 30 days prior to your program week, the entire deposit is non-refundable. (See Billing Information for billing details.)
6. The balance of the program fee will be charged to your account when the program begins.

#### **Your Ski Equipment:**

The quality and fit of your boots and skis are a huge factor in developing your skiing skills and boosting your ability. We have established relationships with expert boot fitters whom we have found to be the best in the country. Our instructors work hand in hand with the boot technicians – evaluating stance and movements and experimenting with specified enhancements to your boots, assuring your boots provide the best performance for your individual skiing. We encourage you to bring your own boots, even if you plan on buying and fitting new ones.

We highly recommend starting the program with *all mountain skis* (ranging from 68cm-80cm at the ski's waist and a 12 to 21 meter radius), but you will have the opportunity to demo different skis at discount pricing and receive solid advice on the best models to match your level and interests.

**Thank you for your interest, we hope you will be able to join us! If you have questions, please call the *Focused Learning* hotline 970-754-3244 or 970-754-4328.**